

2019 MIAC Women's Outdoor Track & Field Championship Preview

Posted: May 09, 2019

BLOOMINGTON, Minn. – The 2019 Minnesota Intercollegiate Athletic Conference (MIAC) Outdoor Track & Field Championships are set to take place this Friday and Saturday at the University of St. Thomas in St. Paul, Minn. Twelve women's teams from around the MIAC will compete in the two-day meet.

| [2019 MIAC Outdoor T&F Championships](#) | [Live Results](#) |

The University of St. Thomas is the defending MIAC women's champion, having won 14 consecutive women's outdoor titles and 34 of the 37 in MIAC history. The 2019 Championships got off to an exciting start last week with the multi-events portion of the meet hosted at Carleton College. St. Olaf junior **Mackenzie Schoustra** won the heptathlon with a total of 4,296 points. Schoustra led a group of three Oles to finish among the top-four scores in the competition last weekend. Complete heptathlon results can be found [here](#).

The 2019 MIAC Outdoor Championships are set to begin on Friday afternoon in St. Paul, Minn. A complete schedule of events can be found [here](#), and fans can follow along with [live results](#) throughout the weekend.

FOLLOW THE ACTION

The MIAC has a [homepage](#) dedicated to the 2019 Outdoor Championships, complete with venue and admission information, [the event schedule](#), entries, heat sheets and links to follow the action with [real-time results](#). Results, recaps, and multimedia coverage of the Championships will be available throughout the event.

| [WOMEN'S PERFORMANCE LIST](#) | [WOMEN'S FRIDAY PROGRAM](#) | [WOMEN'S SATURDAY PROGRAM](#) | [MIAC RECORD BOOK](#) |



Indoor 800-meter national champion Phoebe Aguiar is back on the track for her final MIAC Championships meet this weekend.

AROUND THE LEAGUE

Augsburg speedster **Jada Lewis** clocked in at 12.33 last weekend in the 100 meters to tie her personal-best time. That mark ranks 44th in Division III this season and matches the time that made her an All-Conference honoree at last year's MIAC Championships.

Bethel's 4x400 relay team of **Hannah Sankey**, **Delia Labatt**, **Corin McKinstrey**, and **AddieKay Johnson** have the fourth-fastest time in the country this season at 3:48.97. Labatt also ranks seventh in the nation in the 400 meters after clocking in at 56.09 at the Meet of The UnSainty last weekend. Labatt won the 400 meters in 56.25 at the 2018 MIAC outdoor meet.

Carleton senior **Sam Schnirring** crossed the finish line in 37:02.43 during the 10,000-meter competition at last month's Drake Relays. That time ranks 34th in Division III this year and is nearly 15 full seconds faster than her MIAC championship-winning time of 37:17.10 last season.

Concordia senior **Jenna Stilwell** is seeded fourth in the MIAC with a javelin throw of 117'4" thanks to her performance at the Dordt College Invitational in April. Stilwell won the javelin during last weekend's MIAC Heptathlon competition with a throw of 110'10".

Gustavus sophomore **Katie Keelin** placed third in the hammer at last year's MIAC Championships and will be the top returning competitor in the field in 2019, this time entering with the top distance in the MIAC at 173'7" after last weekend's MSU Twilight.

Hamline senior **Gabby Brown** ranks fourth in the nation in the 100 hurdles with a time of 14.15 after last weekend. Brown is the defending MIAC champion in the event, having clocked in at 14.36 to take top honors a year ago.

Macalester senior **Phoebe Aguiar** dominated at the 2019 MIAC Indoor Championships en route to a national championship in the 800-meter run. Aguiar ranks among the top-11 runners in the country in both the 400- and 800-meter races this season, clocking in at 56.21 in the 400 last week and 2:11.95 in the 800 last month. Aguiar won the 800 meters at last year's conference meet in 2:12.46.

Saint Benedict senior **Morgan Pierce** finished the 10,000-meter run in 37:07.24 at last month's Phil Esten Challenge. Pierce took second at the 2018 MIAC Championships with a time of 37:24.32 in the event.

St. Catherine senior **Tori Thompson** is the defending conference champion in the long jump, having covered 18'2.25" last year. Her best leap this season was a 17.9" performance at the Cornell College Invite last month.

Saint Mary's senior **Rachel Ohde** ranks second in the MIAC and 12th in the nation in the high jump following a season-best leap of 5'6". Ohde placed second in the high jump earlier this year at the MIAC Indoor Championships with a leap of 5'5".

St. Olaf junior **Bryony Hawgood** improved to No. 36 in the nation last week with a 5,000-meter time of 17:34.35 at the Tommie Twilight. That represents a new lifetime best for the distance runner, who is now seeded first in the conference in the event.

St. Thomas senior **Grace Bordson** is tied for third in Division III in the high jump after leaping 5'7.25" at the Meet of The UnSaintly last weekend. The jump is a new personal-best for the Tommie standout, who won the event at the 2019 MIAC Indoor Championships and went on to earn All-America honors at the NCAA Indoor Championships in March. Bordson was the conference runner-up at last year's outdoor meet, clearing a height of 5.45".

| [MIAC Women's Outdoor Track & Field Performance List](#) | [NCAA Division III Performance List](#) |